

CAPSTONE PROJECT DEADLINES & DIRECTIONS FOR NEW PARTICIPANTS

UACT program rules require each participant to complete successfully at least one Capstone Project to graduate from UACT track I or II. The UACT Committee (the Committee) leaves the selection of the project to the individual judgment of each participant.

Please keep in mind that your project could be an effort to remediate the harm you may have caused by past criminal conduct, to help others avoid similar pitfalls, or to serve and improve the community in which you live. Remember the SMART principles (specific, measurable, attainable, realistic and timely) in planning what your project will be and how you will achieve it. In other words, aim to make a contribution to UACT or your fellow participants.

Each of you should submit your written proposal to the Committee by no later than thirty days from the entry of their guilty plea. We will

then review the proposal and may make suggested revisions, pose questions, or approve the Capstone Project within two weeks thereafter.

At minimum, the written proposal for your Capstone Project should provide the Committee with the following:

- (1) the goal or value you hope to address with the project;
- (2) the non-profit corporation, government or non-governmental entity, or individual you will be working with, for example—Alcoholics Anonymous, Addicts 2 Athletes, Salt Lake County Parks and Recreation, the Utah Food Bank, Boys and Girls Club of America, etc.;
- (3) the time, effort and expense necessary to accomplish your plan (a project should usually require between thirty and sixty hours of work);
- (4) the person or office we may contact to confirm your progress toward or completion of the project; and

- (5) the expected date of completion. The project must be completed no later thirty days before your anticipated UACT graduation.

Please be as creative and thoughtful as you can in deciding what your project will be and how to accomplish it. You may well inspire your fellow participants and leave a positive legacy for future participants in UACT. In addition, you may be called upon to report on the status of your project in weekly UACT sessions.

The Committee looks forward to reading your proposals.